

Samantha Platten, M.A., Clinical Associate *(supervised)*



Professional Summary

Samantha has been deemed eligible to register as a Psychological Associate with the College of Psychologists of Ontario (CPO) and is in the process of completing her post-degree clinical hours. She practices under the direct supervision of Chris Wright, M.A., C.Psych., CPO#7158. Samantha offers a compassionate, nonjudgmental space that fosters strong collaboration with clients. She works with adult populations (18+) with varying mental health and related concerns. She aims to help clients live more authentic, meaningful lives and move toward what they truly want for themselves.

Professional Specialties

- Anxiety
- Adjustment Disorder
- Chronic Pain
- Complex Trauma
- Disordered Eating
- Depression
- Insomnia
- Life Stress
- Obsessive Compulsive Disorder
- Panic
- Post-traumatic Stress
- Social Anxiety
- Workplace Stress

Education

- Master of Arts, Applied Psychology (MA) - Laurentian University
- Honours Bachelor of Arts, Specialization Psychology (HBA) - Laurentian University

Professional Experience



Convenient Confidential Counseling

Samantha Platten, M.A., Clinical Associate *(supervised)*

Samantha has received a variety of clinical and counselling experience under the direct supervision of registered clinical psychologists and registered psychological associates. She has experience with varying presentations, including anxiety, depression, chronic pain, and trauma, and has experience working with first responders. Prior to working in private practice, Samantha completed a clinical placement in a hospital setting primarily in the Regional Eating Disorders Program and Mood and Anxiety Program.



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